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FFK 1

MONDAY 1 SEPTEMBER

MAIN British <mark>Pork</mark> Sausages served with Herb Buttered Potatoes, Steamed Broccoli and Rich Onion Gravy (1, 14)

MAIN Pesto Penne with Broccoli, Black Olives, Spinach and Feta served with

Garlic Slice, Chef's Slaw and Salad (VEGETARIAN) (1, 9, 13)

DESSERT Apple and Berry Crumble with Custard (1, 7, 9)

STREET FOOD OF THE DAY - JAPANESE - Katsu Chicken Curry with Fragrant Rice (1, 8, 10)

TUESDAY 2 SEPTEMBER

MAIN Our Specialty Curries with a choice of Vegetable, Meat and Vegan Dishes served with Traditional Garnishes and Accompaniments (1, 9, 11) DESSERT Lemon and Orange Muffin (1, 7)

STREET FOOD OF THE DAY - TURKISH - Crispy Chicken Sweet Chilli Flatbread (1, 7)

WEDNESDAY 3 SEPTEMBER

MAIN Roast Turkey with Stuffing served with Roast Potatoes, Roasted Seasonal Root Vegetables and Rich Gravy (1) MAIN Sweet Pepper and Lentil Loaf served with Roast Potatoes, Roasted Seasonal Root Vegetables and Rich Gravy (VEGAN) DESSERT Pear Sponge and Custard (1, 7, 9)

STREET FOOD OF THE DAY - KOREAN - Korean BBQ Chicken with Cool Mint and Coriander Dip and Rice (7)

THURSDAY 4 SEPTEMBER

MAIN Smoked Paprika Beef Burritos served with Corn or Chef's Lime and Chilli Slaw and Mixed Salad (1, 9) MAIN Roasted Vegetable Fajitas with Mexican Bean Rice served with Corn or Chef's Lime and Chilli Slaw and Mixed Salad (VEGETARIAN) (1, 9) DESSERT Iced Carrot Cake (1, 7, 9)

STREET FOOD OF THE DAY - MEXICAN - Spicy Chilli Beef Nachos with Salsa and Sour Cream (9)

FRIDAY 5 SEPTEMBER

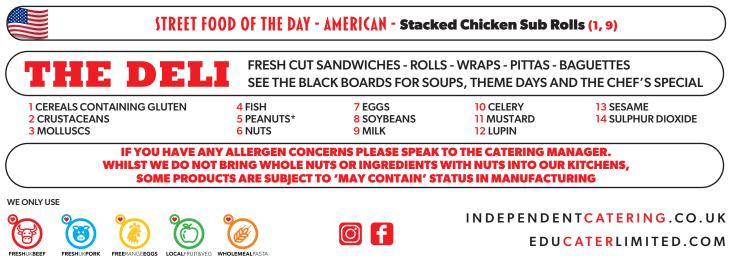
MAIN Classic Hamburger with Salad and Pickles served with

Chips, Baked Beans or Chef's Slaw and Salad (1, 9, 13)

MAIN Spicy Beanburger with Salad and Pickles served with

Chips, Baked Beans or Chef's Slaw and Salad (VEGETARIAN) (1, 7, 8, 13)

DESSERT Choice of Home Bakes or Dessert Pots (1, 7, 8, 9)





MONDAY 8 SEPTEMBER

MAIN Beef Bolognaise served with Garlic Slice, Chef's Slaw and Salad (1, 8, 9, 11) MAIN Spinach, Pea and Sweet Potato Risotto served with Garlic Slice, Chef's Slaw and Salad (VEGETARIAN) (1, 7, 9, 14) DESSERT Mixed Fruit Crunchy Crumble with Custard (1, 7, 9)

STREET FOOD OF THE DAY - GREEK - Marinated Chicken in a Flat Bread with Tzatziki and Fresh Mint (1, 9)

TUESDAY 9 SEPTEMBER

MAIN Our Specialty Curries with a choice of Vegetable, Meat and Vegan Dishes served with Traditional Garnishes and Accompaniments (1, 9, 11) DESSERT Jamaican Ginger Sponge and Custard (1, 7, 9)

STREET FOOD OF THE DAY - KOREAN - BBQ Korean Chicken Burger with Pickled Slaw, Potato Wedges

WEDNESDAY 10 SEPTEMBER

MAIN Roast Beef with Homemade Yorkshire Pudding served with Roast Potatoes, Seasonal Vegetables and Rich Gravy (1, 7, 9) MAIN Squash and Bean One Pot, Garlic and Herb Dumplings, Roast Potatoes and Seasonal Vegetables (VEGAN) (1) DESSERT Pineapple Upside Down Sponge and Custard (1, 7, 9)

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STREET FOOD OF THE DAY - INDIAN - Mixed Vegetable Biryani

THURSDAY 11 SEPTEMBER

MAIN Creamy Chicken and Leek Pie with Golden Short Pastry Top, served with

Herby Potatoes, Carrots, Peas and Extra Gravy (1, 9, 11)

MAIN Chestnut Mushroom, Spinach, and Feta Penne in Rich Tomato Sauce

served with Garlic Slice and Chef's Salad (VEGETARIAN) (1, 9)

DESSERT Fresh Fruit Salad

STREET FOOD OF THE DAY - BRITISH - Fish Finger Wrap with Tartar Sauce and Potato Wedges (1, 4, 7, 14)

FRIDAY 12 SEPTEMBER

MAIN Peri-Peri Chicken (Mild Herb and Lemon or Hot) served with Chips,

Beans or Chef's Slaw and Salad (7)

MAIN Homemade BBQ Carrot

and Chick Pea Burger (VEGAN) (1, 13)

DESSERT Choice of Home Bakes or Dessert Pots (1, 7, 8, 9)

STREET FOOD OF THE DAY - AMERICAN - Beef Burger Layered with Garlic Mayo and Pickles and Salad (1, 7, 8, 9, 13) FRESH CUT SANDWICHES - ROLLS - WRAPS - PITTAS - BAGUETTES HE DELI SEE THE BLACK BOARDS FOR SOUPS, THEME DAYS AND THE CHEF'S SPECIAL **1 CEREALS CONTAINING GLUTEN** 4 FISH 10 CELERY 7 EGGS **13 SESAME 14 SULPHUR DIOXIDE** 2 CRUSTACEANS **5 PEANUTS* 8** SOYBEANS 11 MUSTARD 3 MOLLUSCS 6 NUTS 9 MILK 12 LUPIN IF YOU HAVE ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER. WHILST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING WE ONLY LISE INDEPENDENTCATERING.CO.UK EDUCATERLIMITED.COM



WFFK 3



MAIN Three Cheese Baked Macaroni topped with Caramelised Red Onions and Roasted Cherry Tomatoes (VEGETARIAN) (1, 9, 11)

MAIN Teriyaki Vegetable and Mushroom Rice served with

Stir Fry Greens and Beansprouts (VEGETARIAN) (8, 14)

DESSERT Toffee Apple Upside Down Cake with Toffee Sauce (1, 9)

STREET FOOD OF THE DAY - BRITISH - Giant Handmade Sausage Roll with Spiced Potato Wedges (1, 7, 9, 14)

TUESDAY 16 SEPTEMBER

MAIN Our Specialty Curries with a choice of Vegetable, Meat and Vegan Dishes served with Traditional Garnishes and Accompaniments (1, 9, 11) DESSERT Chocolate Sponge and Chocolate Sauce (1, 7, 9)

STREET FOOD OF THE DAY - (HINESE - Sweet and Sour Noodles with Prawn Crackers (1, 2, 7, 8)

WEDNESDAY 17 SEPTEMBER

MAIN Roast Gammon with Pineapple served with Crispy Roast Potatoes,

Seasonal Vegetables and Rich Gravy (1)

MAIN Spinach and Feta Filo Pie served with

Crispy Roast Potatoes, Seasonal Vegetables and Rich Gravy (VEGETARIAN) (1, 9)

DESSERT Mixed Berry and Apple Crumble with Custard (1, 9)

STREET FOOD OF THE DAY - THAI - Chilli and Ginger Noodles (7, 8)

THURSDAY 18 SEPTEMBER

MAIN Cottage Pie with Broccoli,

Carrots and Extra Onion Gravy

MAIN Herb Crusted Broccoli, Cauliflower and Leek Mornay with Broccoli,

Carrots and New Potatoes (VEGETARIAN) (1, 9)

DESSERT Meringue Topped Lemon Mousse (7, 9)

STREET FOOD OF THE DAY - AMERICAN - American - Sweet BBQ Chicken Wings with Wedges and Slaw (7)

FRIDAY 19 SEPTEMBER - SMASHED BURGER DAY

MAIN Handmade Smashed Beef Burger with Salad and Pickles and Cheesy Sauce

served with Chips, Beans or Chef's Slaw and Salad (1, 9, 13)

MAIN Salmon and Dill Fish Burger, stacked with Salad and Mayo and Pickles served with Chips and Peas (1, 4, 7)

MAIN Homemade Beetroot, Carrot and Chickpea Burger topped with Garlic and Paprika Mayo and Mixed Leaves served with Chips, Beans or Chef's Slaw and Salad (VEGETARIAN) (1, 7) DESSERT Choice of Home Bakes or Dessert Pots (1, 7, 8, 9)





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WFFK 1

MONDAY 22 SEPTEMBER

MAIN British Pork Sausages served with Herb Buttered Potatoes, Steamed Broccoli and Rich Onion Gravy (1, 14)

MAIN Pesto Penne with Broccoli, Black Olives, Spinach and Feta served with

Garlic Slice, Chef's Slaw and Salad (VEGETARIAN) (1, 9, 13)

DESSERT Apple and Berry Crumble with Custard (1, 7, 9)

STREET FOOD OF THE DAY - JAPANESE - Katsu Chicken Curry with Fragrant Rice (1, 8, 10)

TUESDAY 23 SEPTEMBER

MAIN Our Specialty Curries with a choice of Vegetable, Meat and Vegan Dishes served with Traditional Garnishes and Accompaniments (1, 9, 11) DESSERT Lemon and Orange Muffin (1, 7)

STREET FOOD OF THE DAY - TURKISH - Crispy Chicken Sweet Chilli Flatbread (1, 7)

WEDNESDAY 24 SEPTEMBER

MAIN Roast Turkey with Stuffing served with Roast Potatoes, Roasted Seasonal Root Vegetables and Rich Gravy (1) MAIN Sweet Pepper and Lentil Loaf served with Roast Potatoes, Roasted Seasonal Root Vegetables and Rich Gravy (VEGAN) DESSERT Pear Sponge and Custard (1, 7, 9)

STREET FOOD OF THE DAY - KOREAN - Korean BBQ Chicken with Cool Mint and Coriander Dip and Rice (7)

THURSDAY 25 SEPTEMBER

MAIN Smoked Paprika Beef Burritos served with Corn or Chef's Lime and Chilli Slaw and Mixed Salad (1, 9) MAIN Roasted Vegetable Fajitas with Mexican Bean Rice served with Corn or Chef's Lime and Chilli Slaw and Mixed Salad (VEGETARIAN) (1, 9) DESSERT Iced Carrot Cake (1, 7, 9)

STREET FOOD OF THE DAY - MEXICAN - Spicy Chilli Beef Nachos with Salsa and Sour Cream (9)

FRIDAY 26 SEPTEMBER

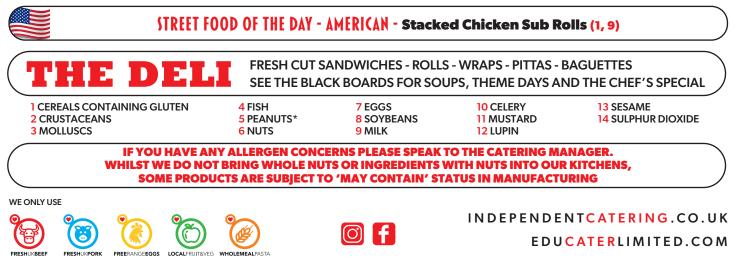
MAIN Classic Hamburger with Salad and Pickles served with

Chips, Baked Beans or Chef's Slaw and Salad (1, 9, 13)

MAIN Spicy Beanburger with Salad and Pickles served with

Chips, Baked Beans or Chef's Slaw and Salad (VEGETARIAN) (1, 7, 8, 13)

DESSERT Choice of Home Bakes or Dessert Pots (1, 7, 8, 9)





MONDAY 29 SEPTEMBER

MAIN Beef Bolognaise served with Garlic Slice, Chef's Slaw and Salad (1, 8, 9, 11) MAIN Spinach, Pea and Sweet Potato Risotto served with Garlic Slice, Chef's Slaw and Salad (VEGETARIAN) (1, 7, 9, 14) DESSERT Mixed Fruit Crunchy Crumble with Custard (1, 7, 9)

STREET FOOD OF THE DAY - GREEK - Marinated Chicken in a Flat Bread with Tzatziki and Fresh Mint (1, 9)

TUESDAY 30 SEPTEMBER

MAIN Our Specialty Curries with a choice of Vegetable, Meat and Vegan Dishes served with Traditional Garnishes and Accompaniments (1, 9, 11) DESSERT Jamaican Ginger Sponge and Custard (1, 7, 9)

STREET FOOD OF THE DAY - KOREAN - BBQ Korean Chicken Burger with Pickled Slaw, Potato Wedges

WEDNESDAY 1 OCTOBER

MAIN Roast Beef with Homemade Yorkshire Pudding served with Roast Potatoes, Seasonal Vegetables and Rich Gravy (1, 7, 9) MAIN Squash and Bean One Pot, Garlic and Herb Dumplings, Roast Potatoes and Seasonal Vegetables (VEGAN) (1) DESSERT Pineapple Upside Down Sponge and Custard (1, 7, 9)

STREET FOOD OF THE DAY - INDIAN - Mixed Vegetable Biryani

THURSDAY 2 OCTOBER

MAIN Creamy Chicken and Leek Pie with Golden Short Pastry Top, served with

Herby Potatoes, Carrots, Peas and Extra Gravy (1, 9, 11)

MAIN Chestnut Mushroom, Spinach, and Feta Penne in Rich Tomato Sauce

served with Garlic Slice and Chef's Salad (VEGETARIAN) (1, 9)

DESSERT Fresh Fruit Salad

STREET FOOD OF THE DAY - BRITISH - Fish Finger Wrap with Tartar Sauce and Potato Wedges (1, 4, 7, 14)

FRIDAY 3 OCTOBER

MAIN Peri-Peri Chicken (Mild Herb and Lemon or Hot) served with Chips,

Beans or Chef's Slaw and Salad (7)

MAIN Homemade BBQ Carrot

and Chick Pea Burger (VEGAN) (1, 13)

DESSERT Choice of Home Bakes or Dessert Pots (1, 7, 8, 9)

STREET FOOD OF THE DAY - AMERICAN - Beef Burger Layered with Garlic Mayo and Pickles and Salad (1, 7, 8, 9, 13) FRESH CUT SANDWICHES - ROLLS - WRAPS - PITTAS - BAGUETTES HE DELI SEE THE BLACK BOARDS FOR SOUPS, THEME DAYS AND THE CHEF'S SPECIAL **1 CEREALS CONTAINING GLUTEN** 4 FISH 10 CELERY 7 EGGS **13 SESAME 14 SULPHUR DIOXIDE** 2 CRUSTACEANS **5 PEANUTS* 8** SOYBEANS 11 MUSTARD 3 MOLLUSCS 6 NUTS 9 MILK 12 LUPIN IF YOU HAVE ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER. WHILST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING WE ONLY LISE INDEPENDENTCATERING.CO.UK EDUCATERLIMITED.COM



FRESHUKBEEF

FRESHUKPORK FREERANGEEGGS LOCALFRUIT&VEG WHOLEMEALPASTA

FFK 6

MONDAY 6 OCTOBER

MAIN Three Cheese Baked Macaroni topped with Caramelised Red Onions and Roasted Cherry Tomatoes (VEGETARIAN) (1, 9, 11)

MAIN Teriyaki Vegetable and Mushroom Rice served with

Stir Fry Greens and Beansprouts (VEGETARIAN) (8, 14)

DESSERT Toffee Apple Upside Down Cake with Toffee Sauce (1, 9)

STREET FOOD OF THE DAY - BRITISH - Giant Handmade Sausage Roll with Spiced Potato Wedges (1, 7, 9, 14)

TUESDAY 7 OCTOBER

MAIN Our Specialty Curries with a choice of Vegetable, Meat and Vegan Dishes served with Traditional Garnishes and Accompaniments (1, 9, 11) DESSERT Chocolate Sponge and Chocolate Sauce (1, 7, 9)

STREET FOOD OF THE DAY - (HINESE - Sweet and Sour Noodles with Prawn Crackers (1, 2, 7, 8)

WEDNESDAY8 OCTOBER

MAIN Roast Gammon with Pineapple served with Crispy Roast Potatoes,

Seasonal Vegetables and Rich Gravy (1)

MAIN Spinach and Feta Filo Pie served with

Crispy Roast Potatoes, Seasonal Vegetables and Rich Gravy (VEGETARIAN) (1, 9)

DESSERT Mixed Berry and Apple Crumble with Custard (1, 9)

STREET FOOD OF THE DAY - THAI - Chilli and Ginger Noodles (7, 8)

THURSDAY 9 OCTOBER

MAIN Cottage Pie with Broccoli,Carrots and Extra Onion Gravy

MAIN Herb Crusted Broccoli, Cauliflower and Leek Mornay with Broccoli,

Carrots and New Potatoes (VEGETARIAN) (1, 9)

DESSERT Meringue Topped Lemon Mousse (7, 9)

STREET FOOD OF THE DAY - AMERICAN - American - Sweet BBQ Chicken Wings with Wedges and Slaw (7)

FRIDAY 10 OCTOBER

MAIN Handmade Smashed Beef Burger with Salad and Pickles and Cheesy Sauce served with Chips, Beans or Chef's Slaw and Salad (1, 9, 13)

MAIN Salmon and Dill Fish Burger, stacked with Salad and Mayo and Pickles served with Chips and Peas (1, 4, 7)

MAIN Homemade Beetroot, Carrot and Chickpea Burger topped with Garlic and Paprika Mayo and Mixed Leaves served with Chips, Beans or Chef's Slaw and Salad (VEGETARIAN) (1, 7) DESSERT Choice of Home Bakes or Dessert Pots (1, 7, 8, 9)

STREET FOOD OF THE DAY - MEXICAN - Pulled Pork Tacos with Spicy Pickled Red Cabbage Salad

THE DEL		ANDWICHES - ROLLS CK BOARDS FOR SOL		AGUETTES ID THE CHEF'S SPECIAL
1 CEREALS CONTAINING GLUTEN 2 CRUSTACEANS	4 FISH 5 PEANUTS*	7 EGGS 8 SOYBEANS	10 CELERY 11 MUSTARD	13 SESAME 14 SULPHUR DIOXIDE
3 MOLLUSCS	6 NUTS	9 MILK	12 LUPIN	14 SOLPHUR DIOXIDE
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SOME PRODU	JCTS ARE SUBJECT T	O'MAY CONTAIN' ST	ATUS IN MANUFACTU	RING
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FFK 7

MONDAY 13 OCTOBER

MAIN British Pork Sausages served with Herb Buttered Potatoes, Steamed Broccoli and Rich Onion Gravy (1, 14)

MAIN Pesto Penne with Broccoli, Black Olives, Spinach and Feta served with

Garlic Slice, Chef's Slaw and Salad (VEGETARIAN) (1, 9, 13)

DESSERT Apple and Berry Crumble with Custard (1, 7, 9)

STREET FOOD OF THE DAY - JAPANESE - Katsu Chicken Curry with Fragrant Rice (1, 8, 10)

TUESDAY 14 OCTOBER

MAIN Our Specialty Curries with a choice of Vegetable, Meat and Vegan Dishes served with Traditional Garnishes and Accompaniments (1, 9, 11) DESSERT Lemon and Orange Muffin (1, 7)

STREET FOOD OF THE DAY - TURKISH - Crispy Chicken Sweet Chilli Flatbread (1, 7)

WEDNESDAY 15 OCTOBER

MAIN Roast Turkey with Stuffing served with Roast Potatoes, Roasted Seasonal Root Vegetables and Rich Gravy (1) MAIN Sweet Pepper and Lentil Loaf served with Roast Potatoes, Roasted Seasonal Root Vegetables and Rich Gravy (VEGAN) DESSERT Pear Sponge and Custard (1, 7, 9)

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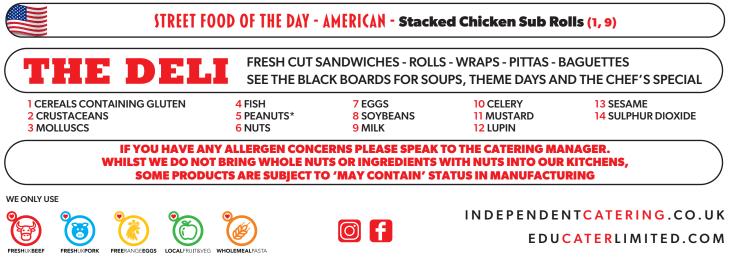
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DESSERT Choice of Home Bakes or Dessert Pots (1, 7, 8, 9)





MONDAY 20 OCTOBER

MAIN Beef Bolognaise served with Garlic Slice, Chef's Slaw and Salad (1, 8, 9, 11) **MAIN Spinach, Pea and Sweet Potato Risotto served with** Garlic Slice, Chef's Slaw and Salad (VEGETARIAN) (1, 7, 9, 14) DESSERT Mixed Fruit Crunchy Crumble with Custard (1, 7, 9)

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HE DELI

FRESH CUT SANDWICHES - ROLLS - WRAPS - PITTAS - BAGUETTES SEE THE BLACK BOARDS FOR SOUPS, THEME DAYS AND THE CHEF'S SPECIAL

10 CELERY

12 LUPIN

11 MUSTARD

1 CEREALS CONTAINING GLUTEN 2 CRUSTACEANS 3 MOLLUSCS

4 FISH **5 PEANUTS*** 6 NUTS

7 EGGS **8** SOYBEANS 9 MILK

13 SESAME 14 SULPHUR DIOXIDE

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